BIBLE JOURNALING FOR THE CREATIVELY CHALLENGED

How to begin your creative journey when you think you aren't artistic!

Be The Light

Bible Journaling Conference 2019

Hello and welcome to BIBLE JOURNALING FOR THE CREATIVELY CHALLENGED - I'm Helen Cronin and today I want to help you to understand and over-come your creative challenges.

I will be showing you some practical ways to start interacting with the Word of God with simple and colourful ideas

So where do we start? And why do I call this session for the 'creatively challenged?' ..... Why are you creatively challenged?

What was your experience at home or School which made you think you are not creative? Take a few moments to think about an experience which gave you the idea that you aren't creative and jot it down in the space provided

WHAT IS CREATIVITY?

We are surrounded by the evidence of an amazingly creative God.
What three things in the natural world confirm this for you?

(1)_____

(2)_____

(3)_____

We all make creative decisions every day! Think about it.....How did you choose your outfit today? Did you pair your socks to match or contrast? .....In your home.....Why did you choose those cushions for your couch? Your curtains? Why that Carpet? Or when buying flowers.....What colours did you choose last time you bought a bunch? Why those colours?
What creative choices have you made today?

(1)_____

(2)_____

(3)_____

It is said beauty is in the eye of the beholder. So would you be journaling for? Why do you want to journal?

CREATIVE COMPARISONS

Let's put your supposed level of artistic ability into a practical context.

There are some well known artists whose particular style could be considered clumsy or mis-shapen (By this I mean 'taken at a literal face value, ignoring any appreciation of style')

Which famous artist painted pin men?_____

Who's art work sells for millions although in some of the work he produced the figures are unrecognisable_____

Which Artist is famous for his painting of Sunflowers_____

Whatever you think of your artistic skill, if your intent is in the right direction - God knows your heart - He will see your creativity and declare "It is good!" .....Ultimately it IS between you and Him so no-one else's opinion matters.

Think about where your artistic ability was 'lost', and what you would like to do in the way of Bible journaling. Take some time to pray about it.
You can write out a prayer here:-

WHERE TO JOURNAL - SOME PRACTICAL IDEAS

Four options for journaling

1. Have two Bibles! One for _____ and one for_____
2. Purchase a _____Bible
3. _____your Bible page to _____
4. _____ a page and the _____in a_____

LET'S EXPLORE THE DIFFERENT WAYS TO JOURNAL

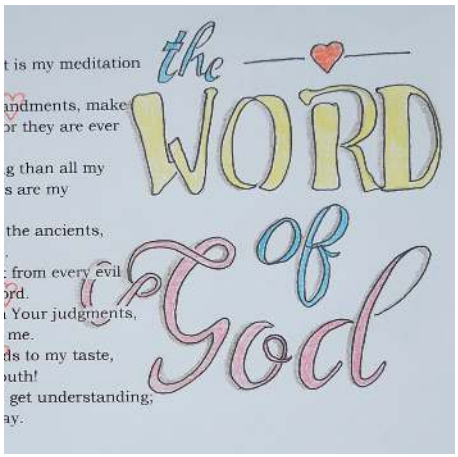
There are many ways to journal these days and you will want to decide which one sits most comfortably with you. Let's look at the main ways

1.
2.
3.
4.

THREE PRAYER ACTIONS TO TAKE WHEN JOURNALING

1.
2.
3.

PRACTICAL WAYS TO JOURNAL

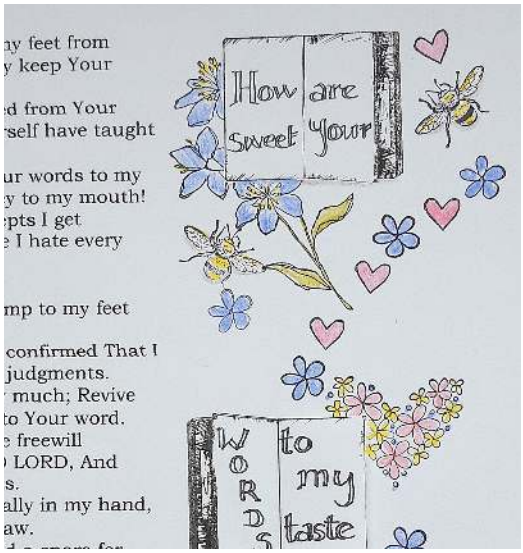


TRACING

Use line drawings, pictures and photos from Books, magazines or online. Trace the outline, reduce/enlarge the image via a photocopier if necessary. Build your own Library of images for journaling with

STAMPING

There is a vast range of images available today, seek out those that you can use in a multiple of ways. I used an old stamp from my stash that was the image of a passport.
I used a felt tip pen to only pick out the detail I wanted to use, in this case the book outline
REMEMBER to huff on the stamp before printing to re-moisten the ink



PRINTABLES

Using images created by others all you need is a printer, and a sharp pair of scissors for a quick journal page.
You will find a large range available at www.bibleministries.com
Alternatively keep an eye open for Bible stickers, and attractive sticky notes to add colour to you Bible journaling

SOME OTHER WAYS TO JOURNAL

COLOURED PENS

Highlighters, underlining, writing notes all add colour to your Bible page. Use them randomly for a riot of colour.
Or set up your own system of colour co-ordinated notes
eg Blue for verses about Heaven,
Red for those about Sacrifice,
Purple for Royalty etc

WASHI TAPE

This sticky tape comes in a variety of widths and an amazing range of patterns and colours. Use it to edge your pages, 'hinge' notes or hold other items in place.

USING STICKY NOTES

These come in all shapes and sizes. If you really can't bear to write on your Bible pages why not add your journaling using sticky notes like these?

SUPPLIES & RESOURCES

Here is the list of materials I used today - you will need to check the compatibility of the pens, inks and colouring tools of your choice with the paper in your Bible to avoid disappointment. Some bleed through paper making the reverse unsightly and/or unreadable

TRACING

- ○ Tracing Paper or Vellum
- ○ Hard lead pencil
- ○ Soft lead pencil
- ○ Eraser
- ○ Black fine tip pen
- ○ Colouring pencils

PRINTABLES

- ○ Images/ PDF File purchased from Bible Journaling Ministries
  2 Corinthians 9:7 Cheerful Giver
- ○ Self Adhesive paper - I used a Inkjet printer Mailing Label
- ○ Printer
- ○ Sharp scissors

STAMPING

- ○ Selection of Rubber Stamps
- ○ Stamp mounting blocks
- ○ Black Archival Ink
- ○ Pencil
- ○ Eraser
- ○ Black fine tip pen
- ○ Colouring Pencils
- ○ Scissors
- ○ Glue Tape

WASHI TAPE

- ○ I sourced my stash of tapes online

PRINTABLES can be obtained from www.biblejournalingministries.com
RUBBER STAMPING SUPPLIES can be found in good Craft shops and online
ALL OTHER ITEMS are obtainable from High Street stores or online

TRACEABLE WORDS & IMAGES FOR YOU TO USE

Your

Precepts

Commandments

Testimonies

Law Word

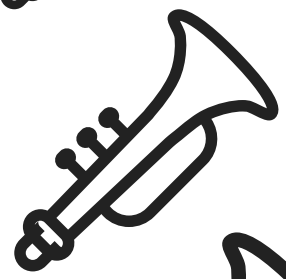
Judgements

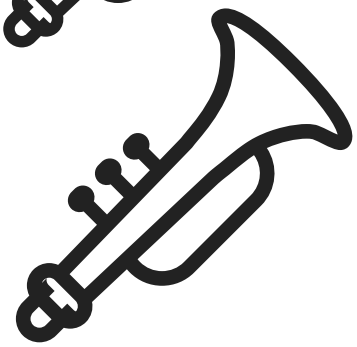
Your Precepts Law

Commandments

Testimonies Word

Judgements





Your Precepts

Commandments

Testimonies

Law Word

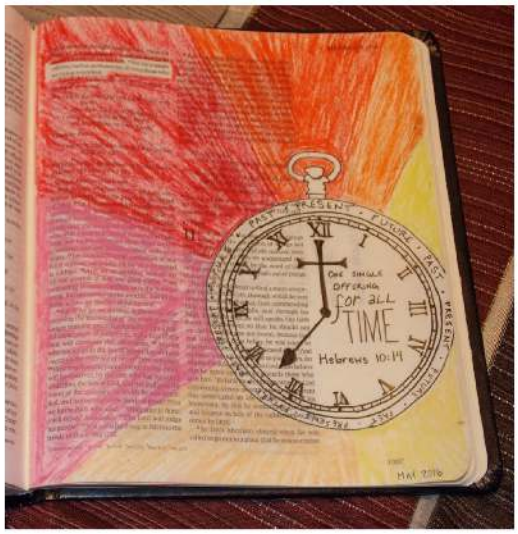
Judgements

THANK YOU!

Thank you to all those who have watched this session - ***Bible Journaling for the Creative Challenged****. I trust that I have inspired you to have a go, whatever you think of your artistic ability. Interact creatively with the Word of God and prepare to be amazed!*

Blessings

Helen



A BIG thank you to Amanda Plake Davis for the use of this image of her Bible journaled page
For more information go to
http://www.devotioninaction.com

A BIG thank you to
Bible Journaling Ministries
for the use of their Printables
Like an Olive Tree - Psalm 52:8
Cheerful Giver 2 Corinthians 9:7
(used for the demonstration of Printables)

www.biblejournalingministries.com

For more ways to interact with your Bible including Bible Journaling go to
www.honeybiblestudy.com